

# Aloe Barbadensis Leaf Juice

**RATING: EXCELLENT**

- CAS number: 85507-69-3 / 94349-62-9
- Aloe Vera Juice

## Who can use it?

Anyone who has a skin type that is dry to blemish-prone, those with sensitive skin should consult doctor or dermatologist to ensure this ingredient is safe to use on their skin.

## Quick Facts

- You can expect to find aloe barbadensis leaf juice in all after-sun skincare products due to its anti-inflammatory properties
- Aloe is highly moisturising and can keep the skin healthy and balanced
- As well as healing wounds, aloe is also skin regenerating and can deliver great skin results
- There are thousands of types of aloe vera used with some benefiting the hair more than the skin

## What is Aloe Barbadensis Leaf Juice?

Everyone has heard of Aloe Vera, it's an ingredient that has been formulated into every available product, from food to skincare. It has been praised over the years for its ability to deliver such impressive skin results and with a great deal of research behind it we are able to establish its skincare benefits. Aloe barbadensis leaf juice is a great moisturiser, anti-bacterial and many anti-inflammatory properties making it a potent ingredient for healing wounds, reducing any signs of sunburn and helping dehydrated skin to lock in moisture. There are also plenty of enzymes, vitamins and minerals enriching this ingredient allowing it to help the skin combat free radical damage and restore the natural protective barrier of the skin enabling it to be fully functioning.

## Side effects of Aloe Barbadensis Leaf Juice

Little to no side effects when using aloe barbadensis leaf juice as long as the skin is happy for you to use it. Performing a patch test is the best way of determining whether it will help the skin and prevent any reactions.

## SCIENTIFIC EVIDENCE

- Phytochemistry Reviews, Volume 12 (4) – Dec 1, 2013, Aloe barbadensis : how a miraculous plant becomes reality
- Leslie Baumann, MD, Cosmetic Dermatology, 2nd edition, Aloe Vera, 317

More commonly known as aloe vera, **Aloe Barbadensis Leaf Juice** is the most hydrating species of aloe vera, and is a powerhouse ingredient in [Liht Organics'](#) vegan, organic and natural beauty products. Its nourishing and healing benefits make it an essential ingredient found in our base makeup such as the award-winning [Youth Elixir Liquid Foundation!](#) Read on to learn more about the 4 organic and natural healing benefits of **Aloe Barbadensis Leaf Juice** for your skin in this [#IngredientSpotliht!](#)

### 1. It provides an organic and natural, yet potent anti-inflammatory boost!

Comprising a cocktail of 75 active organic and natural ingredients, **Aloe Barbadensis Leaf Juice** boasts “antioxidant, antimicrobial, immune boosting, antitumor, hypoglycemic, hypolipidemic, wound healing, and antidiabetic” (Maharjan, H.R and Nampoothiri, P.L 2015) properties. In short, it is a vegan, organic and natural source of essential antioxidants — vitamins, minerals, fatty acids and more — and boosts your skin’s internal health. The antioxidants can also help to neutralize carcinogenic free radicals caused by prolonged sun exposure too!

### 2. It soothes and reduces visible effects of inflammation on the skin!

Other than helping to prevent internal inflammation under the skin, **Aloe Barbadensis Leaf Juice** can also soothe and reduce the visible effects of inflammation *on* the skin! Such symptoms include red, swollen and sensitive skin, as well as various skin infections such as dermatitis and eczema. **Aloe Barbadensis Leaf Juice** aids in the recovery process by forming a protective barrier on the affected areas, delivering deep hydration to support the skin’s organic and natural healing capabilities.

As such, you’ll be happy to know that **Aloe Barbadensis Leaf Juice** is present in [Liht Organics'](#) 90% organic, vegan, skincare-infused [Youth Elixir Liquid Foundation!](#) With added SPF protection, you can rest assured that your skin’s health will be continuously protected from damaging environmental stressors!

### 3. It is a gentle, organic and natural anti-aging solution!

With **Aloe Barbadensis Leaf Juice**, you can face aging skin concerns with confidence! **Aloe Barbadensis Leaf Juice** is a wonderful vegan, organic and natural humectant that helps attract water in the surrounding air to the surface of the skin. Not only does it help with plumping up fine lines with a shot of hydration, it also

delivers a cocktail of organic and natural antioxidants — beta carotene, vitamin C, E and more — to naturally improve skin firmness!

#### **4. It can help banish summer acne!**

If you're wondering why you break out more in the summer, you're not alone. For many women, the sweltering heat opens the pores and accelerates the accumulation of acne-causing debris and bacteria. Fortunately, **Aloe Barbadensis Leaf Juice** contains two plant hormones — auxin and gibberellins — that work in synergy to assist cell rejuvenation and turnover. In particular, the latter is a natural plant growth hormone that stimulates the growth of new cells for quicker healing time with minimal scarring.